

HOW TO CHOOSE THE RIGHT WALL BARS FOR YOUR NEEDS?

What do you want from your new wall bars?

We always recommend considering your personal needs when choosing a pair of wall bars.

If you are looking for wall bars that are optimal especially for small children we recommend to opt for the UPPLYFT MINI wall bars due to their sizing. For more advanced climbers and older children the regular UPPLYFT wall bars might be a better choice as their height may provide challenges and fun for longer. For those who are searching for wall bars that suit the whole family and especially workout purposes we recommend choosing the UPPLYFT or TROLLSTIGEN wall bars.

Can adults use UPPLYFT MINI wall bars?

Yes, adults can also use the UPPLYFT MINI wall bars as their maximum weight limit is 150 kg. However, the children's version is a little bit shorter in height and width and the distance between rungs is also shorter than in the adult sized wall bars. These might affect or limit the type of workouts that you are able to perform, but there is no other reason why adults couldn't use them as well!

What is the biggest difference between UPPLYFT and TROLLSTIGEN wall bars?

The biggest difference between UPPLYFT and TROLLSTIGEN wall bars is in their upper section. Due to TROLLSTIGEN's specially designed upper handles they enable more versatile exercises, such as different kinds of pull-ups. The upper section's distance from the frame makes TROLLSTIGEN wall bars also an ideal choice when you want to combine your wall bars with our HJØRUND gym rings.

UPPLYFT MINI wall bars



UPPLYFT wall bars



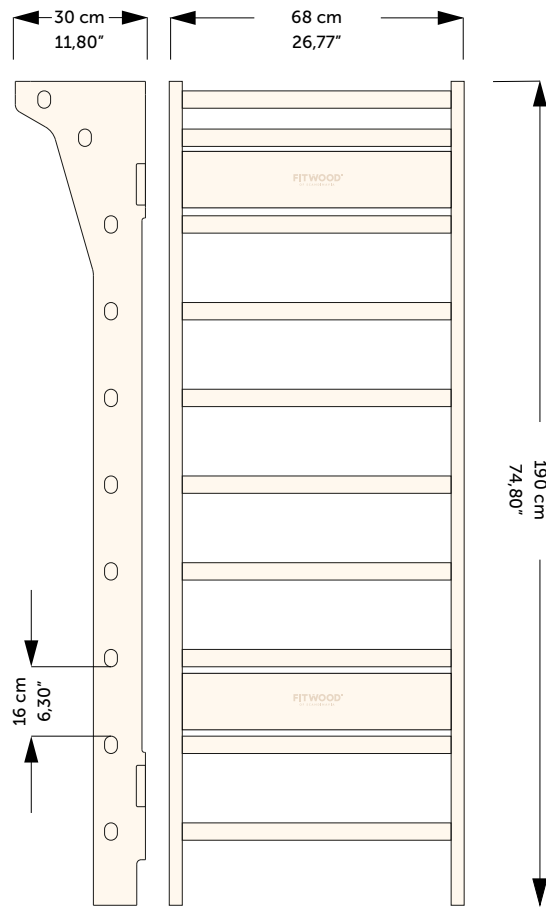
TROLLSTIGEN wall bars



FOR KIDS	FOR THE WHOLE FAMILY	FOR ADVANCED EXERCISES
You have small children and you are looking for a pair of wall bars that fits the kids' room and the dimensions of your mini people.	You are searching for wall bars that your whole family can use and enjoy and want a pair that blends in seamlessly with the rest of your home interior.	You are planning to buy wall bars that can stand up even to the most demanding and versatile exercises, and are ideal to use with gym rings.

FITWOOD®

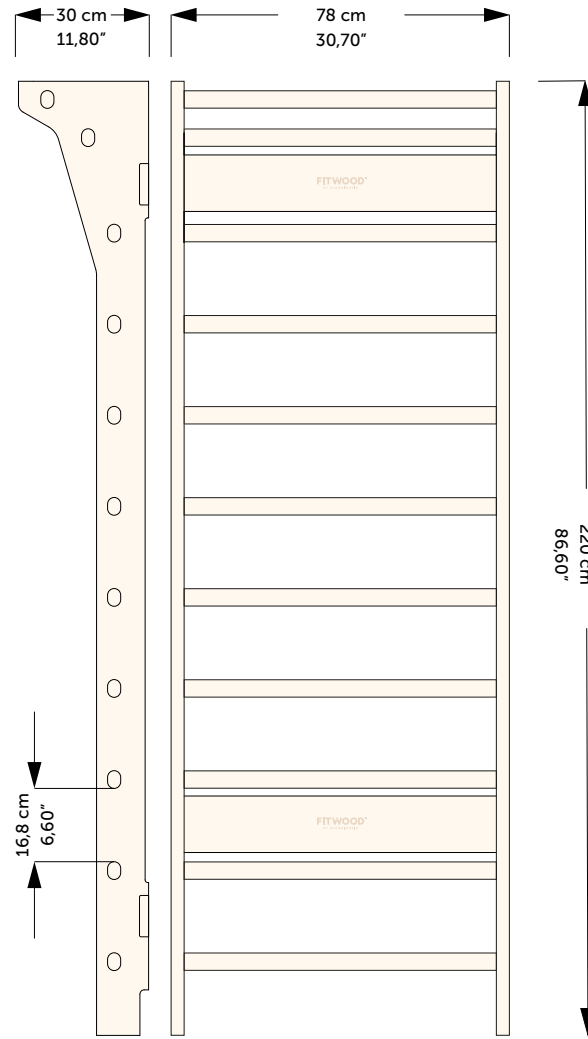
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Max. user weight 150 kg / 330 lbs

UPPLYFT MINI wall bars

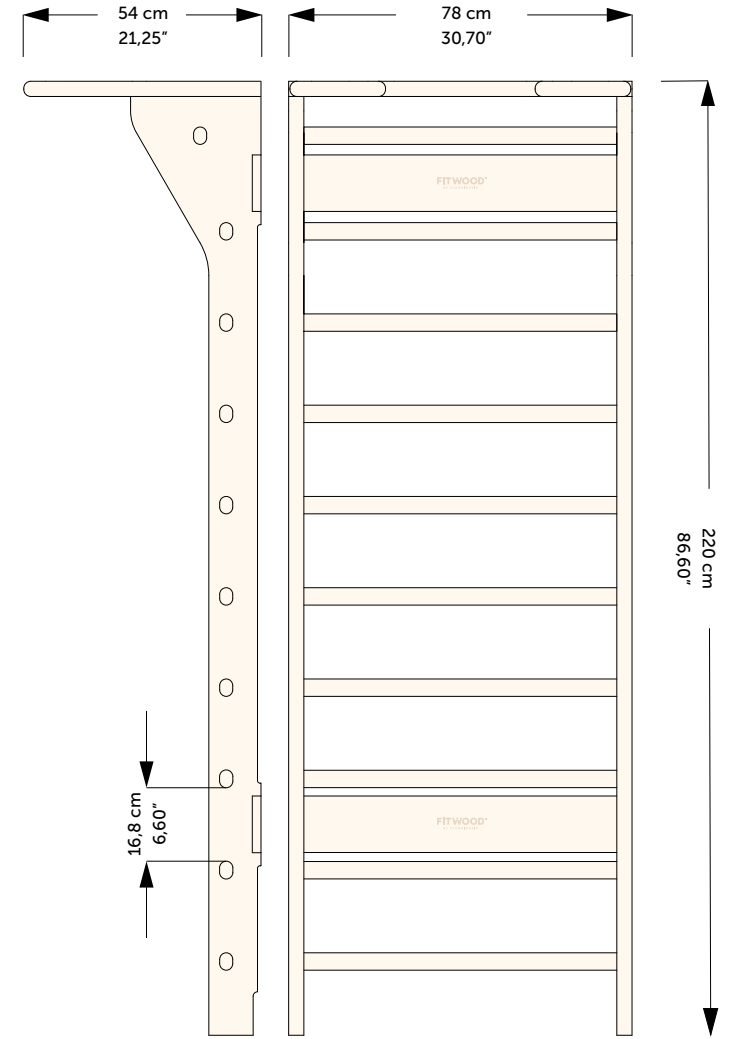
- Best for children under the age of 7 years.
- Dimensions are smaller than in adult sized wall bars.
- Fits best the scale of other children's furniture.



Max. user weight 150 kg / 330 lbs

UPPLYFT wall bars

- Our best selling wall bars.
- Basic model that serves the needs of the whole family.
- Blends in seamlessly with the home interior.



Max. user weight 150 kg / 330 lbs

TROLLSTIGEN wall bars

- Best for a large variety of advanced exercises.
- Best for doing pull-ups and chin-ups.
- Ideal for combining with HJØRUND gym rings.